

# NEWSLETTER

**H**  **PE RANCH**  
Animal Sanctuary & Rescue

January 2025



Meet Dehli, a lovely girl born 1/28/2024. She has a sweet demeanor and gets along well with other dogs and puppies. Although she hasn't met any cats yet, she adores people and children. Deli is full of energy and loves to run and hike with her foster mom, showing great responsiveness off-leash on the trails. She's so agile that she even goes rock climbing! Recently, she began agility classes and is thoroughly enjoying them. Dehli would thrive in an active family environment.



Meet Roger. This handsome man is about 2 years old. Roger is a lively and affectionate boy who adores people and children. However, he doesn't get along well with cats. He enjoys the company of other dogs, but can become jealous at times, so he would thrive as the only dog in his forever home. Roger loves to hike, run, and play, showcasing his high intelligence and eagerness to learn. He is excelling in agility and obedience training and takes great joy in pleasing his owner.

Newsletter  
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**Hope Ranch Animal Sanctuary is a non-profit organization;  
obtained our 501(c)3 in 2011 - ID #27-0810495  
Located in Anza, CA  
100% of donations go directly to the animals. No one  
gets paid, we are all volunteers**

## For the month of December

Hope Ranch Animal Sanctuary was contacted by people in the community of Anza and Aguanga, to help  
16 dogs and 22 puppies in December  
That makes the total so far for this year  
319 dogs and 849 puppies. Total dogs is 1,168

It truly breaks our heart that we could not help them all.

The good news is we have fixed 32 pets in December. That is a total of  
530 spay/neuters this year.  
Our average cost for spay/neuter is \$225.00 each.  
So far we have spent \$119,250 this year

We are so thankful for our generous donors who helped make this happen.

Help us fight this battle and donate for Spay and Neuter.  
We are staying optimistic that we will fix the over  
population of dogs in our community  
By providing free spay and neuter for the needy.

Ask us about sponsoring a spay and neuter day.

[www.hoperanchanimalsanctuary.org](http://www.hoperanchanimalsanctuary.org)

Check out our wish list  
We are always in need of dog food.

<https://www.hoperanchanimalsanctuary.org/donate>

Start a fundraiser, on Facebook, for your  
birthday and give donations to  
Hope Ranch.

[https://www.facebook.com/help/  
1910205189301966/?helpref=uf\\_share](https://www.facebook.com/help/1910205189301966/?helpref=uf_share)

Hope Ranch has had 22 adoptions in the month of December.

We still have many dogs and puppies that are looking for their forever homes.

If you are not looking to adopt at this time, please consider fostering.

Foster families save lives

**A special thank you to our generous donors:**

**Leslie L. Alexander Foundation**

**Lucky Chi Foundation**

**Steven Pratt M.D and Gunilla Pratt**

Become a Foster. We Need Fosters

We will cover all costs including food.

Fill out an application and we will contact you.

<https://form.jotform.com/222055877430052>

### Choosing the right dog trainer.

Choosing the right dog trainer can be a challenging task. Each dog is unique, and while many training techniques may be effective for a majority of them, some dogs and specific situations may require a more creative approach. When selecting a trainer, look for someone who has experience working with multiple dogs of their own as well as a diverse range of student dogs. This breadth of experience often means they have a variety of methods and tools at their disposal to help you navigate any challenges with your dog.

There are numerous organizations that certify dog trainers, but the quality of these trainers can vary significantly. While credentials and certifications can provide a helpful starting point, they do not guarantee a trainer's skill level. If you're interested in pursuing dog sports, seek out a trainer who is well-versed in the specific sport you plan to engage in.

It's also beneficial to ask friends, family, and your veterinarian for recommendations based on their experiences with dog trainers. If your dog has particular behavioral issues, prioritize finding a trainer who specializes in those areas. Be cautious, however; if a trainer claims to be an expert in every dog sport and asserts they can resolve any behavioral problem, that could be a red flag.

In addition to assessing whether a trainer is a good fit for your dog, it's important to ensure that you understand their instructions and feel comfortable with their training style. If you're not satisfied with the training method or the trainer, your ability to learn and improve may be hindered. Lastly, consider seeking a trainer who has experience with your specific breed, as this can further enhance your training success.

Hope Ranch does not recommend dog trainers but the following trainers, we have used in the past, have helped our dogs tremendously.

*Source: Cornell Richard P. Riney Canine Health Center*

Dr. Steven Pratt at  
Mountain View Agility

**Leader of the Pack Home Dog Training**

**Wendy Blanch**

<https://leaderofthepackhomedogtraining.com/>

**(951) 339-1040**

**Swing By Dogmanship**

**Bently Hunt**

[swingbydogmanship@icloud.com](mailto:swingbydogmanship@icloud.com)

**951-842-9291**

**Mountain View Agility**

**Vickie De Menge**

<https://mountainviewagility.com/>

**619-889-7666**



In recent years, grain-free dog food has surged in popularity among pet owners who believe it to be a healthier alternative to traditional kibble. Marketed as a way to mimic a dog's ancestral diet, grain-free options often feature high protein content and are free from gluten and grains like wheat, corn, and soy. However, emerging research and expert opinions suggest that grain-free dog food may not be as beneficial as many pet owners believe. In fact, it could pose serious health risks for dogs.

## Understanding Canine Nutrition

Dogs are omnivorous animals, which means they can thrive on a balanced diet that includes both animal and plant-based ingredients. While grains are often viewed with suspicion, they provide essential nutrients, fiber, and energy sources that can be beneficial for canine health. Ingredients like brown rice, oats, and barley are digestible and can help maintain digestive health, support weight management, and provide essential vitamins and minerals.

## The Dangers of Grain-Free Diets

### 1. Link to Canine Dilated Cardiomyopathy (DCM):

One of the most concerning issues associated with grain-free dog food is its potential link to an increased risk of dilated cardiomyopathy (DCM), a serious heart condition that can lead to congestive heart failure and sudden cardiac death. The U.S. Food and Drug Administration (FDA) has been investigating reports suggesting that certain grain-free diets—particularly those high in peas, lentils, chickpeas, and potatoes—may be linked to DCM. While the exact cause is still under investigation, the correlation has raised red flags among veterinary professionals.

### 2. Nutritional Imbalance:

Grain-free dog foods often rely heavily on alternative carbohydrate sources like peas and potatoes, which may not provide the same nutritional benefits as traditional grains. These diets can be low in essential nutrients, leading to deficiencies over time. A well-balanced diet should provide a complete profile of proteins, fats, vitamins, and minerals, which can be compromised in grain-free formulations.

### 3. Potential Allergies and Sensitivities:

While some dogs may have grain allergies, they are relatively uncommon. In many cases, the ingredients used as substitutes for grains—such as potatoes and legumes—can also trigger allergies or sensitivities in dogs. Switching to a grain-free diet in hopes of alleviating digestive issues or skin problems may inadvertently worsen these conditions if the new ingredients are not suitable for the individual.



All of us at Hope Ranch Sanctuary Rescue feel confident that we are truly making a difference in our community. We have worked tirelessly to save as many dogs as possible in 2024, but the old saying, “you can’t save them all,” doesn’t deter us from trying. Many nights, I go to bed in tears, feeling like I haven’t done enough.

Volunteering for a rescue is both mentally and physically exhausting. However, as 2024 comes to a close, I was pleasantly surprised by our numbers for spay, neuter, and adoptions. We’re hopeful that 2025 will bring fewer unwanted dogs and puppies. Although many dogs are still on the waiting list for spay and neuter services, we are committed to getting it done.

We appreciate any financial support.